

Tuscola County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

Tuscola
County
Community
Resource
Guide

[A guide to services in your community]

2021

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ABUSE & PROTECTIVE SERVICES

- Ambulance, Fire and Police..... 911**
 National Child Abuse Hotline..... (800) 422-4453
 Children & Adult Protective Services
 (855) 444-3911
 Common Ground Crisis Line (800) 231-1127
 DHS..... (989) 673-9100
 HAVEN Crisis Line..... (877) 922-1274
 Love Is Respect Hotline..... (866) 331-9474
 National Domestic Violence Hotline (800) 799-7233
 National Sexual Assault Hotline operated by RAINN
 (Rape & Incest National Network)
 (800) 656-4673
 Stop It Now! Hotline (888) 773-8368
 Thumb Area Assault Crisis Center.... (800) 292-3666
 Tuscola County Victim Services..... (989) 673-8161
 ext. 2241
 Victim Connect Resource Center..... (855) 484-2846

ADULT AGING SERVICES

- DHS (989) 673-9100
 HAP Senior Plus (800) 868-9885
 Human Development Commission... (989) 673-4121
 Medicare (800) 633-4227
 Michigan Medicare/Medicaid Assistance Program
 Hotline..... (800) 803-7174
 Region 7 Area Agency on Aging (989) 893-4506
 Social Security Administration (800) 722-1213

Adult Day Services

- DHS (989) 673-9100

- Country Comfort Spectrum of Light AFC
 (989) 286-3088
 Caro
 Hollister Adult Foster Care Home.... (989) 691-5286
 Akron
 S&D Senior Living AFC..... (989) 286-3711
 Caro
 Sterling Health Care..... (989) 823-2141
 Vassar
 Vadavilla Adult Foster Care..... (989) 674-2258
 Unionville

Alzheimer’s & Dementia Support

- Alzheimer’s Association (800) 272-3900
 Human Development Commission Caregiver
 Support Groups (989) 673-4121
 Region 7 Area Agency on Aging (989) 893-4506

Assisted Living

- Heritage Hill Assisted Living (989) 672-2900
 Caro
 Satchell’s Christian Retirement AFC..(989) 673-3329
 Caro
 Tuscola County Medical Care Community
 (989) 673-4117
 Caro
 Vassar Fields Assisted Living & Memory Care
 (989) 882-9495
 Vassar

ANIMAL SUPPORT

Animal Shelters

- Mayville Pet Clinic..... (989) 843-5030
 Spay/Neuter Express..... (616) 897-8865
 Tuscola County Animal Shelter..... (989) 672-3863

COMMUNITY EDUCATION

Libraries

- Bullard Stanford Memorial Library.. (989) 823-2171
 Vassar
 Caro Area District Library..... (989) 673-4329
 Caro
 Columbia Township Library..... (989) 674-2651
 Unionville
 Fairgrove District Library..... (989) 693-6050
 Fairgrove
 Jacquelin E. Opperman Memorial Library
 (989) 683-2500

Kingston
 Mayville District Public Library..... (989) 843-6522
 Mayville
 Millington Township Library..... (989) 871-2003
 Millington
 Rawson Memorial Library..... (989) 872-2856
 Cass City
 Reese Unity District Library..... (989) 868-4120
 Reese
 Watertown Township Library..... (989) 795-2794
 Fostoria

Kingston
 Koylton Township..... (989) 551-3806
 Kingston
 Millington Township..... (989) 871-4418
 Millington
 Novesta Township..... (989) 262-6020
 Cass City
 Tuscola Township..... (989) 871-4507
 Vassar
 Vassar Township..... (989) 823-3541
 Vassar Township
 Watertown Township..... (989) 795-2127
 Fostoria
 Wells Township..... (989) 673-4481
 Caro
 Wisner Township..... (989) 895-8368
 Fairgrove

COUNTY & CITY RESOURCES

Cities

City of Caro..... (989) 673-2226
 City of Vassar..... (989) 823-8517

Townships

Akron Township..... (989) 674-2280
 Unionville
 Almer Township..... (989) 673-4948
 Akron
 Arbela Township..... (989) 871-2022
 Millington
 Columbia Township..... (989) 280-9602
 Unionville
 Dayton Township..... (989) 843-5566
 Mayville
 Denmark Township..... (989) 868-9801
 Richville
 Elkland Township..... (989) 325-1776
 Cass City
 Ellington Township..... (989) 553-1803
 Caro
 Elmwood Township (989) 912-5250
 Gagetown
 Fairgrove Township (989) 693-3500
 Fairgrove
 Fremont Township (989) 843-0621
 Mayville
 Gilford Township (989) 693-6394
 Fairgrove,
 Indianfields Township..... (989) 673-3416
 Caro
 Juniata Township..... (989) 550-5652
 Vasser
 Kingston Township..... (989) 683-2113

Villages

Village of Akron..... (989) 691-5540
 Akron
 Village of Cass City..... (989) 872-2911
 Cass City
 Village of Fairgrove..... (989) 693-6572
 Fairgrove
 Village of Gagetown..... (989) 665-9981
 Gagetown
 Village of Kingston..... (989) 683-2680
 Kingston,
 Village of Mayville..... (989) 843-6423
 Mayville
 Village of Millington..... (989) 871-2702
 Millington
 Village of Reese..... (989) 868-4503
 Reese
 Village of Unionville..... (989) 674-2244
 Unionville

DISABILITY & SPECIAL NEEDS

RESOURCES

Bureau of Services for Blind Persons(800) 292-4200
 Disability Network of MidMichigan..(800) 782-4160
 Disability Network of the Thumb..... (989) 254-4747
 Division on Deaf, DeafBlind and Hard of Hearing
 (313) 437-7035

Michigan Disability Network Directory
.....<http://www.dnmichigan.org/cil-directory/>
Michigan Rehabilitation Services..... (800) 605-6722
Region 7 Area Agency on Aging (989) 893-4506
The National Federation of the Blind(410) 659-9314

EDUCATION & TRAINING

Adult Programs

Michigan Talent Investment Agency (517) 335-5858
Tuscola Technology Center..... (989) 673-5300

Childcare Centers & Preschools

Akron-Fairgrove Preschool..... (989) 691-5141
Akron
Campbell Daycare and Preschool.... (989) 912-1850
Cass City
Cardinal Center Daycare..... (989) 683-3194
Kingston
Christ the King Lutheran Preschool. (989) 674-8691
Unionville
DHS..... (989) 673-9100
Great Start to Quality Resource Center
..... (877) 614-7328

Great Start Tuscola County..... (989) 673-2144
..... ext. 30325
Kids Club Day Care Center..... (989) 673-7365
Caro
Priscilla's Small Wonders LLC..... (989) 672-5437
Caro

St. Michael's Community Child Care and Preschool
..... (989) 868-3830
Richville
Trinity Lutheran Preschool..... (989) 868-4501
Reese
USA Early Child Care Center..... (989) 883-9139
Unionville

Colleges/Career Centers

Baker College of Cass City..... (855) 487-7888
Delta College..... (989) 686-9000
Saginaw Valley State University (989) 964-4000
Tuscola Intermediate SD..... (989) 673-2144

Schools Districts

Akron Fairgrove Schools..... (989) 693-6163
Caro Community Schools..... (989) 673-3160
Cass City Public Schools..... (989) 872-2200

Kingston Community Schools..... (989) 683-2294
Mayville Community Schools..... (989) 843-6115
Millington Community Schools..... (989) 660-2451
Reese Public Schools..... (989) 868-9864
Tuscola Intermediate SD..... (989) 673-2144
Unionville Sebewaing Area SD..... (989) 883-2360
Vassar Public Schools..... (989) 823-8535

Youth Programs

Boy Scouts of America..... (517) 940-4210
Girl Scouts Heart of Michigan..... (800) 497-2688
Innerlink Runaway and Homeless Youth Shelter
..... (989) 753-3431
Michigan Works Talent Investment Agency
..... (517) 335-5858
MSU Extension 4-H..... (989) 672-3870
New Light Consultants..... (989) 871-6695
The Fowler Center..... (989) 673-2050

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police.....911

American Red Cross..... (800) 733-2767
Center for Disease & Prevention.... (800) 232-4636
Poison Control..... (800) 222-1222
National Suicide Prevention Lifeline (800) 273-8255

Fire Departments

Akron/Columbia/Wisner/Unionville FD
..... (989) 674-2491
Caro FD(989) 673-2002
Elkland Township FD..... (989) 670-0155
Elmwood Township FD..... (989) 665-2691
Fairgrove FD..... (989) 693-6881
Kingston Fire and Rescue (989) 683-2680
Mayville FD..... (989) 843-6662
Millington Arbela FD..... (989) 871-2525
Reese Fire Rescue..... (989) 868-3661
Richville FD..... (989) 868-3381
Vassar FD..... (989) 823-8517
Watertown FD..... (989) 795-3088

Law Enforcement

Tuscola County Central Dispatch..... (989) 673-8738
Tuscola County Emergency Management
..... (989) 673-5181
Tuscola County Sheriff..... (989) 673-8161

EMPLOYMENT ASSISTANCE

Caro Unemployment Office..... (800) 500-0017
Michigan Works Talent Investment Agency
..... (517) 335-5858
Unemployment Insurance Agency... (866) 366-0004

FINANCIAL ASSISTANCE

Human Development Commission... (989) 673-4121
MSHDA: Step Forward..... (866) 946-7432

Tax Assistance

H & R Block..... (989) 673-3257
Patriotic Tax Service..... (989) 971-8702
Stadler Bookkeeping & Tax Services (989) 823-3814
Taxes www.myfreetaxes.com
Welke Tax & Bookkeeping Services. (989) 843-6136

FITNESS, RECREATION & REHABILITATION

Parks & Recreation

Arthur Latham Park..... (989) 871-2459
Millington
Cass City Public Park..... (989) 872-2911
Cass City
Indianfields Township Park..... (989) 673-3416
Caro
Tuscola Township Park..... (989) 871-4507
Tuscola
Vanderbilt County Park & Campground
..... (989) 545-7168
Fairgrove

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Caro Church of the Nazarene..... (989) 673-6175
Community of Christ (used furniture)
..... (989)-673-5504
DHS..... (989) 673-9100
Food Pantries... www.foodpantries.org/st/michigan
Good Samaritan Fund (food, utilities, & rent)
..... (989) 673-6929
Human Development Commission... (989) 673-4121
Mayville Area Share Shop..... (989) 843-5370
MI Bridges..... www.michigan.gov/mibridges
Revive Ministries (food only)..... (989) 551-7803

St. Frances Mission Store..... (989) 823-8803
Vassar Food Pantry..... (989) 823-2911
Vassar Ministerial Alliance (utilities & rent)
..... (989) 823-7671
WIC..... (989) 673-3199

HEALTHCARE SERVICES

McLaren Health Management Group
..... (866) 323-5974
Medicare/Medicaid Assistance Program
..... (800) 633-4227
MI HIV /AIDS Hotline..... (800) 872-2437
Tuscola County Health Department
..... (989) 673-8114

Clinics & Hospitals

Hills & Dales General Hospital..... (989) 872-2121
Cass City
Karmanos Cancer Institute (989) 667-2370
Bay City

Karmanos Cancer Institute (800) 527-6266
Lapeer
McLaren Bay Region..... (989) 894-3000
McLaren Caro Quick Care..... (989) 672-5151
McLaren Caro Region Renee Physical Therapy
..... (989) 672-5112
McLaren Caro Specialty Clinic..... (989) 673-1670
McLaren Caro Region..... (989) 673-3141
McLaren Health Management Group
..... (866) 323-5974

Dental Resources

Caro Dental Associates..... (989) 673-3314
Caro Family Dentistry..... (989) 672-5022
Great Lakes Bay Health Center Thumb Area
..... (989) 623-0137
Bad Axe
Medicaid Hotline..... (800) 642-3195
Millington Dental..... (989) 871-3291
Reese Family Dentistry..... (989) 868-4244
Robert Perry, DDS..... (989) 823-8436
Vassar
Thumbs Up Dental..... (989) 632-1420
Caro

Hearing Assistance

Beltone Skoric Hearing Aid..... (800) 352-4816
Communication Access Center..... (810) 239-3112

HearingLife..... (844) 327-7574
Relay Center for Deaf/Hard of Hearing..... 711
Starkey Hearing Foundation..... (800) 328-8602

Medical Equipment & Loan Closets

ALS of Michigan..... (800) 882-5764
Caro Home Medical..... (989) 673-8448
Michigan CPAP Bank..... (734) 232-3964
MI Paralyzed Veterans of America... (800) 638-6782
Muscular Dystrophy Association. (800) 572-1717
Region 7 Area Agency on Aging (989) 893-4506
Sheldon Medical Supply..... (989) 672-4600
The National Federation of the Blind(410) 659-9314
United Cerebral Palsy of Michigan... (800) 828-2714

Mental Health & Counseling Services

Bay Arenac Behavioral Health..... (800) 448-5498
Boys Town National Hotline..... (800) 448-3000
DHS..... (989) 673-9100
List Psychological Services..... (989) 673-5700
New Light Consultants..... (989) 871-6695
Positive Alternatives Pregnancy Alternatives
..... (989) 672-4673
Problem Gambling Helpline..... (800) 270-7117
Thumb Area Psychological Associates
..... (989) 872-1800
Tuscola Behavioral Health Systems. (989) 673-6191
Tuscola County Health Department Family
Planning..... (989) 673-8118

Pharmacies & Prescription Assistance

HomeTown Pharmacy..... (989) 872-3613
Cass City
Michigan Drug Prices..... (866) 755-6479
Michigan Medicare Medicaid Assistance Program
..... (800) 803-7174
Millington Pharmacy..... (989) 871-2820
Millington
NeedyMeds..... (800) 503-6897
Partnership for Prescription Assistance
..... www.pparx.org
RxAssist www.rxassist.org
RX Outreach (800) 769-3880
State Street Pharmacy..... (989) 672-3500
Caro
Walgreens Pharmacy..... (989) 823-9200
Vassar
Wingert's Pharmacy..... (989) 843-5440
Mayville

Retail Discount Drug Programs

Kroger..... (989) 892-8037
(\$3/\$6 and Free)
Meijer..... (989) 667-9510
(select free prescriptions)
Sam's Club..... (989) 790-0954
(\$4/\$10 prescription program)
Wal-Mart..... (989) 673-7900
(\$4/\$10 prescription program)

Substance Abuse

Al-Anon Family Group Meetings..... (800) 356-9996
Alcoholics Anonymous..... (989) 286-3700
CDC Info..... (800) 232-4636
List Psychological Services..... (989) 673-5700
Narcotics Anonymous Hotline..... (800) 230-4085
New Light Consultants..... (989) 871-6695
Sacred Heart Rehabilitation..... (989) 894-2991
Substance Abuse & Mental Health National Hotline
..... (800) 662-4357
Substance Use Services..... (800) 834-3393
Tuscola Behavioral Health Systems..(989) 673-6191

Vision Assistance

Envision Eye Care..... (989) 872-4900
Cass City
Greater Thumb Eyecare..... (989) 823-8559
Vassar
Huron Eye Care..... (989) 673-1677
Caro
Opti-Care Vision Center (989) 673-3937
Caro
Opti-Care Vision Center (989) 823-8666
Vassar
Star Vision Center..... (989) 672-7827
Caro
The National Federation of the Blind(410) 659-9314

HOUSING ASSISTANCE

Emergency Shelters & Warming Centers

Disability Network of the Thumb..... (800) 782-4160
HUD Rental Assistance (800) 569-4287
Human Development Commission.. (989) 673-4121
The Refuge Homeless Shelter of Lapeer
..... (810) 667-3886
Tuscola Homeless Coalition..... (989) 672-7674

Heating/Utility Assistance & Home Repairs/Weatherization

DHS..... (989) 673-9100
Good Samaritan Fund..... (989) 673-6929
Human Development Commission.. (989) 673-4121
The Heat and Warmth Fund..... (800) 866-8429
Vassar Ministerial Alliance..... (989) 823-7671

Low Income Housing

Action Agency..... (800) 443-5518
Caro USDA..... (989) 673-8171
DHS..... (989) 673-9100
Habitat for Humanity..... (989) 325-1807
Homeless Students Service..... (989) 673-2144
Ext 30426
HUD..... (800) 569-4287
Human Development Commission.. (989) 673-4121
Region 7 Area Agency on Aging (989) 893-4506

LEGAL ASSISTANCE

Center for Civil Justice..... (800) 724-7441
Counsel & Advocacy Law Line..... (888) 783-8190
Elder Law of Michigan..... (866) 400-9164
Legal Services of Eastern Michigan.. (800) 322-4512
Michigan Indian Legal Services..... (231) 947-0122
Michigan Senior Legal Hotline..... (866) 400-9164
Probate Court..... (989) 672-3850
Social Security Administration..... (800) 772-1213
Tuscola County Friend of the Court..(989) 673-4848
USAGov..... (844) 872-4681

PARENTING/PREGNANCY RESOURCES

24-Hour Parent Crisis Line..... (800) 275-1995
Car Seat Installation & Inspection.... (989) 673-2156
Children’s Special Healthcare..... (800) 359-3722
Early Head start..... (989) 672-1785
Family Planning Program..... (989) 673-8118
Great Start Tuscola..... (989) 673-2144
Ext 30325
LA LECHE League (800) 525-3243
List Psychological..... (989) 673-5700
Michigan Alliance for Families (800) 552-4821
Michigan WIC Hotline..... (800) 942-1636
Positive Alternatives..... (989) 672-4673
Tuscola County Health Department Maternal
Infant Health Services..... (989) 673-1740

Women’s Health Resource Line..... (800) 994-9662

SUPPORT GROUPS

Autism Society of Michigan..... (517) 882-2800
Compassionate Friends..... (810) 376-2801
Compassionate Friends Parent’s Grief Group
..... (877) 969-0010
Epilepsy Support Group (800) 377-6226
Human Development Commission... (800) 843-6394
Leukemia Support Group..... (800) 456-5413
McLaren Stroke Support Group..... (810) 342-5350
Michigan Polio Network
.....www.michiganpolionetwork.com
Parents of Special Needs (800) 359-3722
Parkinson’s Support Group..... (800) 852-9781
Precious Reflections..... (989) 894-3015

Grief, Loss & Bereavement

Aquila Counseling Center.....(810)-331-0995
Divorce Care Group..... <https://www.divorcecare.org/>
Grief Support Hospice..... (800) 635-7490
Hospice of Michigan..... (888) 247-5701
Human Development Commission... (800) 843-6394
Precious Reflections..... (989) 894-3015

TRANSPORTATION

Human Development Commission.. (989) 673-4121
Region 7 Area Agency on Aging (989) 893-4506
Thumbody Express..... (989) 673-4121
Vehicle Safety Hotline..... (888) 327-4236

TRIBAL SERVICES

Department of Civil Rights..... (517) 335-3165
Michigan Indian Legal Services..... (231) 947-0122

VETERANS AFFAIRS

CHAMPVA..... (800) 733-8387
CHAMPVA Meds by Mail..... (888) 385-0235
Department of Veterans Affairs..... (800) 827-1000
Disability Network of the Thumb.... (800) 782-4160
Michigan Veterans Affairs..... (800) 642-4838
Michigan Works Caro..... (989) 673-8103
Military One Source..... (800) 342-9647
Tuscola County Veteran’s Affairs..... (989) 673-8148

Veteran’s Crisis Line..... (800) 273-8255

Wounded Warrior Resource Center (888) 997-2586

VOLUNTEER OPPORTUNITIES

American Red Cross..... (989) 754-8181

Saginaw

Human Development Commission... (800) 843-6394

The Fowler Center..... (989) 673-2050

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits)</u> <u>Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.